## What does the Outreach worker do?

Meghan Kennedy has been busy visiting seniors in their homes and helping them get the assistance they require. She helps seniors access resources and services in such areas as: transportation, personal care, laundry services, food delivery, referrals for medical and dental services, health insurance, housing, Lifeline, Meals on Wheels, financial assistance, fuel assistance, homecare, house repairs, respite care, tax relief, money management and friendly visitors.

Meghan usually receives a referral from the senior, a family member or someone in the community. She then contacts the senior and schedules a home visit at a mutually convenient time. Meghan will meet with the senior (and sometimes family) to do an assessment to determine what services might be available. Some of these services have income or asset eligibility guidelines so Meghan will ask for financial information. Sometimes she requests that the senior sign a release of information form which will allow her to work with others who know the senior – family, doctors or other human service agencies. Meghan cannot speak to anyone without the senior's permission. Meghan then discusses, with the senior, what type of assistance would be most useful and how the assistance will be funded. She and the senior develop a plan to address the needs. The senior's personal preferences are explored and taken into account in developing the plan.

If you or someone you know would like to meet with Meghan, you can reach her at (617) 796-1672.